

Lung and Liver Lickin' Luxuries

TCM action: Liver Qi and Yin tonic

Will hide the flavor of any herb

1 lb of lung, liver or both (any blendable organ meat)

1 cup flour (rice, wheat, unbleached white, or other)

1 tsp garlic powder or fresh garlic

1 Tbsp any herbal formula (or more) you should do a test batch with out herbs to see if they will eat it.

Dashes of parmesan cheese & ½ tsp worcestshire sauce (optional)

- 1. Preheat oven to 350 degrees F.**
- 2. Combine ingredients in a blender or food processor until almost liquid.**
- 3. Drop teaspoon size balls onto greased cookie sheet flatten with fork or spoon coated with cornmeal or flour. OR pour mixture onto a foil lined jelly roll sheet.**
- 4. Bake for 15-20 mins.**
- 5. Allow to cool. If using the alternate “sheet of treats” method, turn over onto a cutting board and cut into squares before cooled.**

Do small batches and increase the herbs until they do not like it anymore.